Send your child a note of encouragement and a Spirit Stick® before the big test!









Please take a moment to write a note of encouragement to your child. Return in a sealed envelope marked "Donut Stress" before _____ (date) and we'll deliver it for you. If you'd like to send your child a Spirit Stick®, please fill out the order form and include your payment in the envelope.

By working together we can make your child's test experience positive and successful. Here are some additional suggestions to help your child succeed:

- Make sure your child gets a good night's rest.
- Have your child eat a healthy breakfast.
- Make sure your child arrives at school on time.
- Gently encourage your child to do their best.

\$1 per Spirit Stick® or \$4 for "Donut Stress" Package

ORDER FORM	Date: _	
Student's Name:	Grade: _	
Parent's Name:	Phone Number:	
Single Spirit Stick® x @ \$1 each		#
"Donut Stress" Stick Package x@ \$4 each Sorry, we cannot honor requests for specific sticks; however, if you order the Special "Donut Stress" Package, you will get one of each Spirit Stick*.	spiri+ M©NKEY	Grand Total
TEACHER:		
GRADE:		